Summer Camp 2018 What to Bring List

J	Casual clothes
	Modest shorts and swimsuit (one-piece only for campers & sponsors)
J	Light jacket and a hat or cap
J	Extra pair of old shoes for the lake
J	Sleeping bag or blanket & sheets for a twin-size bed
	Pillow
J	Towels (2) and washcloth
J	Toiletries – soap, shampoo, toothbrush, toothpaste, deodorant, etc.
J	Hairbrush, hair dryer, comb
7	Laundry bag for dirty clothes

☐ Sunscreen

☐ Flashlight

☐ Camera

Your name on everything

Prescription medication

□ Spending money

Items NOT To Bring

No cell phones or electronic games
No radios, CD, or MP3 players
No clothing with vulgar or suggestive slogans
No water guns or water balloons
No firearms or fireworks*

No over-the-counter medication No prank or gag materials No comics or magazines No knives of any kind No tobacco, drugs, or alcohol*

*Campers bringing these items into camp will be immediately dismissed.

Medication Policy

- O Prescription medications need to be in the original bottle, with only the amount needed for the camper's stay at Dry Gulch. All inhalers, nasal sprays, and epipens must be in the prescription box with label and must NOT be expired. All prescription bottles should come in a Ziploc bag with a completed Dry Gulch Medication Form, which needs to be included in the bag. All medications (including inhalers and epipens) must be kept in the Nurses' Station. Sponsors do not need to turn in their personal medications.
- Over-the-counter medications brought to camp will not be accepted at check-in. Designated medical professionals are available at the Nurses' Station to dispense over-the-counter medication as needed. Over-the-counter medications brought to camp will not be accepted at check-in. For exceptions, an OTC Medication Authorization Form for campers taking Claritin, Zyrtec, Miralax, etc. will be mailed to the group 4 weeks before your session. For individuals the form will be emailed. No vitamins or herbs will be accepted without a doctor's note.

Lost and Found

- O All luggage must have a luggage tag that has been issued from Dry Gulch with the camper's name, address, and phone number. You may obtain the tags from your Group Leader.
- The best way to prevent lost items is to have all of your camper's clothing and belongings marked. Any items found in the bunkhouses will be laundered and held in the Camp Office for one week.
- O If you have lost items, call the Camp Office at (918) 785-2156 with a complete description of the missing items. We will do our best to locate and return them to you. Lost and found items will be returned to you at your expense. Any items not called for within one week will be donated to Goodwill.

Spending Money

O We suggest bringing \$20 - \$40.

The Dry Gulch General Store is open for those who wish to purchase souvenirs, candy, and t-shirts. Daily afternoon and evening snacks are included in the camp fee. During kids' camp, spending money will be collected at check-in and be placed on account in the General Store. All transactions will be made on account and remaining money will be returned to campers at check-out time.