

# COURAGE

*Being brave enough to do  
what you should do,  
even when you're afraid*

WEEK

04

K-5<sup>th</sup> Grade

## **Read Matthew 10:29-31**

## **DAY 1**

Look out your window. Do you see any birds? Can you count them? Now, head to the bathroom and see you can count the numbers of hairs on your head. What? Too hard? Okay, just count the number of hairs in your hairbrush.

You are more important to God than that bird sitting on the fence outside. In fact, you're so important that God even knows the number of hairs on your head. You don't have to be afraid, even when everyone else is afraid, because God is with you.

Look back out your window and find a bird to watch. As you're looking at the bird, thank God for loving you and for knowing you inside and out. Ask Him to give you the courage you need to stand up for what is right even when others are afraid.

## **Read Psalm 27:3**

## **DAY 2**

Have you heard of Rosa Parks? She was the courageous woman who refused to give up her seat on a city bus in Montgomery, AL on December 1, 1955. Tired of being treated as less than, simply for the color of her skin, Mrs. Parks single act of defiance sparked the civil rights movement. She is quoted as saying, "You must never be fearful about what you are doing when it is right."

You must never be fearful either, even when everyone else is afraid, even when you don't know how things will work out. When you stand for what is right, you never stand alone. Trust in God, do the right thing, and leave the rest up to Him.

Think of some situations in your own life that require bravery. Complete the sentences below:

**I can be brave even when \_\_\_\_\_.**

**I can stand up for what is right when \_\_\_\_\_.**

**I can trust that God will help me have courage when \_\_\_\_\_.**

Thank God for real life examples of courage that inspire you like the life of Rosa Parks. Ask Him to help you push away any fear so you can stand up for what is right.

## **Read John 14:27**

**DAY 3**

What are you afraid of?

Grab a piece of paper and write the word "Fear" in large block letters in the center. Capitalize the "F" but write the rest of the word in lower case letters. Around the perimeter of the word "Fear," write down some of the things you are afraid of.

Read today's verse again. These words are straight from Jesus. What does Jesus promise to leave with us when we follow Him? **Yep. Peace. Not fear. Peace.**

On your page, turn the letter "F" into a "P" the "r" into a "c" and add another "e" at the end. What does that spell now? Peace! Now scribble over all the fears you wrote around the edge of the page, making them into other pictures or shapes.

Jesus wants to replace our fear with peace! We don't have to be afraid of anything because He promises to be with us, always.

Thank God for the peace He gives to replace all fear. Ask Him to help you have the courage to do what you should do even when others are afraid.

## **Read Psalm 34:4**

**DAY 4**

We've learned a lot about courage this month. Remember courage is being brave enough to do what you should do even when you're afraid. But here's some really good news. Bravery doesn't come from you. God doesn't expect you to face all the stuff you're afraid of with your own strength.

God promises to be with you, to save you from anything standing in the way. When you remember to ask God for help, He will, always. So the next time it feels like you're the only one choosing to do what you should do, even when everyone around you is afraid, you can still stand up for what is right. Because when you stand up for what is right, you never stand alone.

**As you pray today, stand on your feet. You can bow your head or you look up to the ceiling. Ask God to give you His strength and power so that you can face anything with courage this week.**

*You can do  
what you should,  
**EVEN  
WHEN**  
others are afraid.*